

EVERY GIRL HAS TWO SIDES.

STURT LIONS FOOTBALL CLUB NOW RECRUITING GIRLS



ABOUT STURT LIONS FOOTBALL CLUB

Sturt Lions Football Club is based in the Mitcham Hills, where we provide many local families the opportunity to come together to **TRAIN. PLAY. CONNECT.** through a shared enjoyment of football. Our Club philosophy is inclusive - we provide every child that wants to play football an opportunity to be part of a team. We offer multiple pathways from community level through to advanced programs, and in 2019 we registered our first 'girls-only' team to cater for girls that do not want to play in a mixed team.

5 LIFE SKILLS LEARNT FROM THE SPORTING FIELD

- Confidence in one's own ability
- Single-mindedness in the pursuit of goals
 - Passion to succeed
 - Ability to lead a team
- Resilience to learn from mistakes and setbacks

With more boys playing sports than girls, boys are getting a head start in acquiring these transferable life skills. Sturt Lions Football Club is **LEVELLING THE PLAYING FIELD** by giving girls more opportunities to play football, so they too, can learn: confidence, single-mindedness, passion to succeed, leadership, teamwork and resilience.

2019 SUMMER TRAINING SESSIONS

A summer skills training program for new players looking for an introduction to club football and for continuing players wanting to work on their skills in the off season.



Tue 15 October 2019 - Tue 20 December 2019
6 pm - 7:15 pm



Blackwood High School Oval,
1 Northcote Rd, Eden Hills



\$80 for 8 weeks (no training Nov 12, 2019)

2020 SEASON

Pre-season training commences Term 1 2020, with games starting mid-March.

Training

- U7 and U9 players train once a week (an optional second training session is available)
- U11+ players train twice a week.

Games

- All age groups play Sunday mornings

Register: www.sturtlions.com.au/events/50407/ Enquire: jaecinta.peddie@sturtlions.com.au

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